## Mark Your Calendar!

### Nature Nurtures
Sept. 14, 9:30 to 4:00

### Holiday Workshops
Dec. 7-8

### Annual Seed Exchange
Jan. 25, 2020

### Winter Family Programs
Follow us on Facebook for updates!

## What Else is Happening at Blandy?

### Blandy Book Club
Join us as we read and discuss new and classic books on the environment, natural history, and ecology. Meets at 1 p.m. on the fourth Thursday of each month except November and December.

### Blandy Photo Club
The Blandy Photo Club is open to anyone with an interest in photography, from amateurs to professionals. The club meets the first Tuesday of each month at 7 p.m.

### Blandy Sketch Group
The Blandy Sketch Group meets the first Thursday of each month at 1 p.m. Visitors are welcome. The group plans monthly programs of sketching, painting, workshops, and presentations to foster creative growth and artistic innovation.

## Register Today!

- FOSA MEMBER or NONMEMBER

Name ____________________________

Address __________________________

City/State/Zip ___________________

Daytime Phone ____________________

Email ____________________________

<table>
<thead>
<tr>
<th>Program</th>
<th>No. of People</th>
<th>Total per Program</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Total Payment Enclosed**

Make checks payable to FOSA and mail to:
FOSA Programs
400 Blandy Farm Lane, Boyce VA 22620

**Two ways to pay by credit card:**
Pay online anytime at:
blandy.virginia.edu

Or call 540-837-1758 Ext. 224 M-F 1-5 p.m.

Call for Membership Information!

Facebook Blandy Experimental Farm

Instagram arboretum_va

---

*1k/8-19*
Explore the Arboretum under the full moon. Wear comfortable shoes, bring a flashlight, and explore the natural world at dusk and after dark. Who knows what we might see, hear, or smell!

**FOSA members/UVa alumni $10, nonmembers $15**

Member/UVa family $20, nonmember family $25

**Reservations Required—Space is Limited**

**Mindfulness in Nature: Guided Walking Meditation**
Thursday, October 17, 5:30-7 p.m.
*Shell Fischer, Mindful Shenandoah Valley*

Learn to slow down and draw on nature through guided meditation, silent walking, and personal reflection. Dress for the weather; for those 16 and up.

**FOSA members $10, nonmembers $15**

**Reservations Required**

**Cosponsored by the Partnership for Regional Invasive Species Management**

**Managing Invasive Plants in the Fall Season**
Tuesday, November 5, 1-5 p.m.
*Blue Ridge PRISM*

Learn to identify and manage invasive species during the fall season. Samples will be on display, and you may bring securely bagged plants for identification. We will end with a walk including field identification and demonstration of techniques.

**FOSA members $20; nonmembers $25**

**Reservations Required—Space is Limited**

---

**A Wildflower Walk with Marion and Sally**
Thursday, September 19, 9-11:30 a.m.
*Marion Lobstein & Sally Anderson*

*Va Native Plant Society & Flora of Virginia*

Join Marion and Sally as they explore the woodland, meadow, and wetland sections of the arboretum’s Native Plant Trail. We will walk approximately 3/4 of a mile.

**FOSA members $10, nonmembers $15**

**Reservations Required—Space is Limited**

---

**Blandy Book Club**
*Fourth Thursday of the month, 1-2 p.m.*
*Blandy Library*

**September 26: The Periodic Table,** *Primo Levi*

**October 24: Chesapeake Requiem,** *Earl Swift*

Participants should read books before meeting. If interested, call 540-837-1758 Ext. 287. **Free.** We do not meet in November or December.

---

**Taking Great Photos With Your Phone**
Saturday, October 5, 9 a.m. - Noon
*Sharon Fisher*

Would you like to take great photos using your phone? Sharon will cover composition, exposure, light, and more as you learn tips and techniques for using your smartphone as a camera. Be sure your phone’s software is up to date. We will be outside for much of the time so dress for the weather.

**FOSA members $20, nonmembers $25**

**Reservations Required—Space is Limited**

---

**Historic Herb Use**
*This program is FULL.*
*Sari Carp, Sustainability Matters*

Learn how American settlers used herbs for everyday needs. Discover herbs that have fallen out of favor and surprising uses for common plants. We’ll begin in the library with an illustrated presentation, then visit Blandy’s herb garden. We’ll return to the library for herb cookies and “patriotic tea” that was drunk by Americans in the Boston Tea Party era.

**FOSA and S.M. members $20; nonmembers $25**

**Reservations Required—Space is Limited**

---

**Celebrating the Joys of Nature for All Ages**
Sept. 14, 9:30 to 4:00

**Celebrate the Joys of Nature for All Ages**
$5 per car

**Outdoor Recreation**

**Nature Crafts & More**

---

**Full Moon Walk**
Sunday, October 13, 6:30-7:30 p.m.

Explore the Arboretum under the full moon. Wear comfortable shoes, bring a flashlight, and explore the natural world at dusk and after dark. Who knows what we might see, hear, or smell!

**FOSA members/UVa alumni $10, nonmembers $15**

**Member/UVa family $20, nonmember family $25**

**Reservations Required—Space is Limited**

---

**Exploring the Night Sky By Telescope**
Saturday, September 7, 7-9 p.m.
*Shenandoah Astronomical Society*

After a short introduction in the library, Society members will guide us as we search the night sky for stars, planets, constellations, galaxies, and more. Dress for the weather.

**FOSA members/UVa Alumni $10, nonmembers $15**

**Member/UVa family $20, nonmember family $25**

**Reservations Recommended**

---

Programs are in the library unless otherwise noted.

**Register Early—Space is Limited**

Call 540-837-1758 Ext. 224 1-5 p.m. or visit blandy.virginia.edu

If a program is canceled, we will post on Facebook and attempt to contact those who have registered.

---

**Celebrate Fall at Your State Arboretum**